

Preseason Baseball Clinic

Sponsored by the Patriot Baseball Team

- Who:** Baseball players ages 8 to 14 (grades 3 - 8)
- Where:** Paradigm High School, 11577 South 3600 West, S. Jordan (in the gymnasium)
- When:** Saturdays, Jan. 31, Feb. 7, Feb. 14 - 9 to 10:30 or 10:45 to 12:15 p.m.
- What:** Instruction will be provided in age groups on warm-up, stretching, flexibility, conditioning exercises, drills and skills for power hitting, accurate throwing and pitching, catching with rapid transfer, and infield defensive skills. The more sessions you attend the better you will be prepared for your league tryouts and for a great season of baseball.
- Instructors:** Former USA coach and high school coach David Bresnahan is the director of this clinic, along with his assistant coaches and current and former high school and NCAA players.
- Cost:** \$12 for one session or \$30 for all three sessions.
- Limited:** We can only take 42 players per session. You MUST register in advance. We will contact you to confirm your space or let you know if space is full.
- Registration:** Send an E-mail with the name and age of the player, name of parent, best contact phone number, and which date or dates you wish to attend, along with your choice of the 9 a.m. or 10:45 a.m. session. Send your E-mail to baseball@bresnahan.org then check your inbox in a minute or two. You will receive a confirmation E-mail back. Check your E-mail inbox again later the same day for a confirmation of your reservation, or a notice to let you know that the session is full. A release form will be sent by E-mail. Bring your form and payment the first day you attend. Arrive 15 minutes early for registration. Register in advance to avoid disappointment. You may take your chances and standby at the door for possible openings.